



## BETHESDA METRO AREA VILLAGE

*Your home Your neighborhood Your future*

### 2019 Annual Report

I'm pleased to report that 2019 was a great year for Bethesda Metro Area Village (BMAV) and the community that we serve. Our membership has expanded and the area that we serve has doubled. Most significantly, our numerous, diverse and member-driven educational and social programs connect neighbor to neighbor in engaging and community building initiatives. These programs are not only fun and informative but they help combat isolation and loneliness. This is significant since the evolving data show that isolation and loneliness have a greater impact on premature mortality than such known risk factors as smoking and obesity. 2019 demonstrated BMAV's ongoing and successful commitment to enhance the physical and mental well-being of our community through its active educational and social agenda and its dedicated and qualified service volunteers. We at BMAV are proud of our accomplishments to date and look forward to continuing to serve our ever-expanding membership.

- Thomas Henteleff, President of the Board of Directors



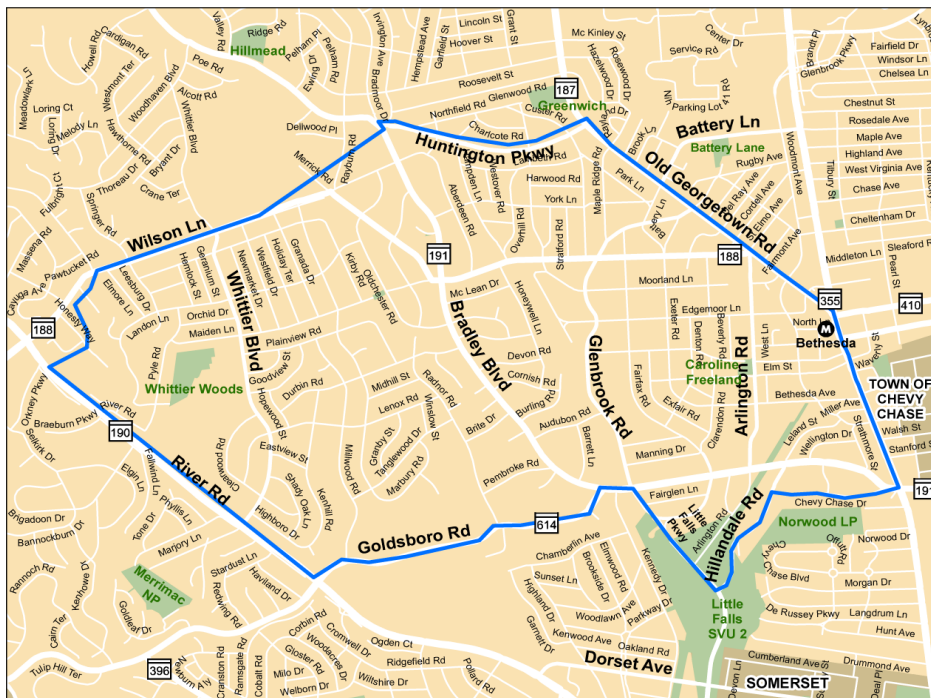
## Who We Are

BMAV is part of a national aging-in-place movement dedicated to providing services, social opportunities and community support that allow people to remain in their own homes as they age. We help seniors live at home safely and independently in the community they know and love.

In our third year BMAV grew to 105 members - 33 Full Service and 72 Social members - and expanded the areas we serve to include:

Kenwood Park, Landon Village and Kenwood Forest, as well as the neighborhoods of Battery Park, South Bradley Hills, Whitehall Manor, Edgemoor, English Village, and Greenwich Forest.

Our service boundaries now run from Old Georgetown Road and Wisconsin Avenue to our east, Glenbrook Rd/Little Falls Parkway to Hillandale Rd to Chevy Chase Dr to Goldsboro on the south, River Rd on our west, and Wilson Ln to Huntington Pkwy on our north.



- We welcome Social members from anywhere in Bethesda not served by another village, and offer subsidized memberships to those seniors who express a need.
- Social members enjoy our robust programming, making connections in the neighborhood and helping their neighbors.
- Full Service members can in addition receive volunteer-provided services including: rides, light home repair, absent-owner services, technology assistance, and friendly visits or calls.

## Our Services

- In 2019, 37 volunteer service providers completed 125 service requests for BMAV members.
- We updated our volunteer training materials, held an annual volunteer recognition luncheon, and welcomed new volunteer service providers at several training sessions – now totaling 37 trained and vetted neighbors (both members and non-members) ready to respond to requests for assistance.
- Service providers for BMAV provide:  
rides, light home repair, in-home technology assistance, absent-owner services, friendly visits or calls, and nonmedical respite care for primary caregivers.
- Students earning Student Service Learning credit also work with BMAV to provide technology-tutoring to members.



*BMAV volunteer recognition luncheon, April 29, 2019*

## Our Activities

In 2019, we created or partnered on 179 events with over 1600 attendees, including speakers, social and health-related activities and learning opportunities. Our vibrant programming helps connect members with their community.

- Our small “Shared Interest Groups,” which are member-initiated and member-led, are the backbone of our village programming. At these small group get-togethers, village members get to know one another at regular gatherings over shared interests. These groups included arts, birdwatching, board games, bridge, hiking, knitting, men’s and ladies’ lunches, and a discussion group on aging well.



- Through our collaboration with the Bethesda Connie Morella Library we sponsor monthly programming for seniors that benefits not only our members but seniors throughout the area. These events are free and open to the public and help both the village and the library reach out to our neighborhood and beyond.
- We also coordinate with other area organizations to reach more attendees. This has included working with the Bethesda Historical Society, Suburban Hospital, CaringMatters, Montgomery County services, surrounding senior villages, and professionals in the community who bring their expertise on various educational topics.



### *Social and fitness opportunities*

- monthly Ladies' Lunch Out and Men's Lunch Out at Bethesda restaurants
- monthly happy hour meetups
- potlucks, coffees, and social gatherings in members' homes
- knitting, board game, chess, and bridge meetups
- trips to museums, theaters, and art galleries
- outings to concerts and movies
- field trips to the Philadelphia Flower Show and Gettysburg with neighboring Little Falls Village
- garden, birdwatching, and architecture walks
- and hikes throughout the metro area

### *Learning opportunities*

- Presentations on voice recognition devices, living wills, advanced care planning, hospitalizations and hospice care
- Forums on universal design, home modifications for aging in place, decluttering, County Fire and Rescue Services, and Medicare Part D

- “Tech Tutors” workshops on how to use the village website, library digital resources, staying safe online, car sharing and parking apps, and one-on-one electronic device tutoring by wonderful tech-savvy student volunteers
- Presentations by authors Fred Berner, Steve Roberts and Bill Offut on Bethesda history, Bruce Adams on Montgomery County sister cities, Chris Palmer on wildlife filmmaking, Ken Hartman, director of the Bethesda-Chevy Chase Regional Services Center, Margaret Talev, past president of the White House Correspondents Association, Bob Levey, retired columnist for the Washington Post, and Delegate Marc Korman

We advertised these and 160 community events plus other resources on our website and in our bi-monthly newsletter, which is sent to over 500 people in the community.



### Our Volunteers

This year 55 individuals – both members and neighbors in the community – volunteered with BMAV, offering time and expertise on the Board, in committees, or as direct service providers. Together our volunteers donated a total of 2470 hours in 2019.

We thank all the following volunteers for their contributions of time and energy this year, whether in offering rides or in-home help to members, hosting or planning programs, or helping to guide the organization. Without an engaged community, there would be no village.

Bruce Adams  
Ricardo Aguilera  
Lynn Barclay  
Brenda Battat  
Joseph Battat  
Ann Bennet

Michael Benson  
Robert Berish  
Robert Bergman  
Jan Bill  
Jane Boynton  
Hanne Caraher

Mary Louise Carnevale  
Naomi Collins  
James Collins  
Bruce Coolidge  
Eugenia Covarrubias  
Steve Crocker

Francie dePeyster  
 Nancy English  
 Alana Frankel  
 Diane Goldman  
 Barry Gorman  
 Susan Gorman  
 Claudia Henteleff  
 Thomas Henteleff  
 Elyse Jacob  
 Maureen Jais-Mick  
 Marilyn Kerst  
 Diana Kitt  
 Jane McGuire

Marren Meehan  
 Robert Metzler  
 David Moulton  
 Jean Oberstar  
 Alice Padwe  
 Chris Palmer  
 Jeanne Parker  
 Thomas Parker  
 Maria Perry  
 Gail Quigley  
 Barbara Rabin  
 Barbara Reese  
 Sandra Ross

Gail Shearer  
 Samuel Sipe  
 Suzanne Snedegar  
 Susan Strommer  
 Evelyn Sweet  
 Heijia Wheeler  
 Willis Wheeler  
 Melissa Watts  
 Sylvia Winik  
 Barbara Wiss  
 Simon Winter

### Donations

With our successful fundraising, strong board, hundreds of hours of volunteer time, plus our members' commitment, we are well-positioned for long-term sustainability.

BMAV is a 501(c)(3) not-for-profit organization. We rely on donations to continue to grow and sustain our mission. Tax-deductible donations can be made on our website, [www.bmavillage.org](http://www.bmavillage.org), or mailed to Bethesda Metro Area Village, P.O. Box 30525, Bethesda, MD 20824. If you would like to make a bequest or other planned gift, such as a charitable gift annuity, trust or the gift of life insurance, please contact us at 240-630-2628 or [director@bmavillage.org](mailto:director@bmavillage.org).

We gratefully acknowledge the individuals, businesses and organizations below that supported BMAV in 2019 with financial or in-kind contributions:

#### Financial contributions of \$1000 or more

Montgomery County  
 Friends of Edgemoor, Inc.  
 Edgemoor Investment  
 Advisors  
 Barbara Brown and  
 Robert Berish  
 Barbara Wiss

#### \$500 to \$999

Anonymous

Brightview Woodmont  
 Calibre CPA Group PLLC  
 Sandy Spring Builders  
 LLC  
 Strategies for  
 Independent Living  
 Suburban Hospital  
 Doris Aronson in  
 memory of David  
 Aronson  
 Jane Boynton  
 Mary Louise Carnevale  
 and Robert Metzler

Alice and Gerald Padwe  
 Chris Palmer and Gail  
 Shearer  
 Peter and Sylvia Winik

#### \$200 to \$499

Anonymous  
 Nancy Elbin Abell  
 James and Naomi Collins  
 Francie dePeyster and  
 David Moulton  
 Loretta Downey

Sarah and Jim Fleischer  
 Louise Moody and Reid  
 Detchon  
 Stephen Moseley and  
 Barbara O'Grady  
 Thomas and Jeanne  
 Parker

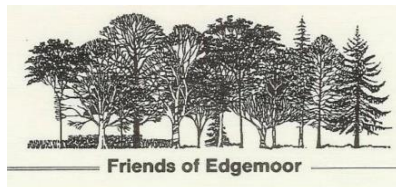
Up to \$199

Anonymous  
 Lynn Barclay  
 Dan and Nancy Balz  
 Nancy English

Harry and Susan Geisel  
 Scott Bass and Elyse  
 Jacob  
 Alicia Tompkins  
 Camillo Pasquariello  
 Jeffrey Seltzer and Karen  
 Rothenberg  
 John and Linda Whitney  
 Andrea and Michael Witt  
 Harold and Judith  
 Zassenhaus

In-kind donors

Battery Park Community  
 Clubhouse  
 Edgemoor Club  
 Bethesda-Chevy Chase  
 Regional Services  
 Center  
 Montgomery County  
 Libraries  
 Capacity Partners  
 Our Voice  
 Sunrise Senior Living  
 Bethesda  
 TechMoxie



STRATEGIES FOR  
 INDEPENDENT LIVING, LLC



## 2019 Financial Report

### Income: \$66,702

membership dues - \$37,475  
individual donations - \$9,781  
business donations - \$2,090  
foundation grants - \$2,700  
government grants - \$13,812  
interest income - \$844

Net income - \$27,972

### Expenses: \$38,730

personnel and associated costs - \$29,777  
insurance - \$3,024  
other operational (dues, filing fees,  
website, office supplies) - \$3,062  
programs, fundraising, advertising - \$2,867

### Board of Directors

Thomas Henteleff, Chair  
Jeanne Parker, Treasurer  
Naomi Collins, Vice Chair  
Jane Boynton  
Elyse Jacob  
Robert Metzler  
Alice Padwe  
Gail Shearer

### Committee Chairs

Budget and Finance, Jeanne Parker  
Communications, Naomi Collins  
Membership, Robert Metzler  
Programs, Elyse Jacob  
Volunteers and Services, Hanne Caraher  
Development, Barbara Wiss  
Newsletter editor, Lynn Barclay

Executive Director - Elizabeth Haile

Bethesda Metro Area Village

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